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## NETWORK SPINAL ANALYSIS (NSA) CONSENT

I hereby request and consent to receiving spinal care, including wellness education in this office by a chiropractor(s) who provides *Network Spinal Analysis* (NSA) Care, a low force approach which has unique outcomes and clinical results. This practitioner(s) chooses to practice NSA, as he/she is professionally and personally confident in regards to the safety and effectiveness of this form of care.

This office provides care in accordance with the *Council on Chiropractic Practice Guidelines* and the *Cannon of Ethics of the Association for Network Care*, and my doctor(s) has been trained in the traditional chiropractic care and certified in the procedures of *Network Spinal Analysis Care*.

The purpose of this consent for is to help me better understand the nature of the services offered in this office and our mutual responsibilities. This fosters a more effective relationship and avoids misunderstandings regarding expectations. Having well understood expectations is anticipated to promote a greater sense of safety and healing.

NSA does not attempt to manually, or by instrument, manipulate spinal fixations structurally (often associated with a snapping or popping sound), nor does it directly treat painful areas of the spine and body. *Instead by enhancing my body's awareness of itself and specifically my spine, I understand I can develop new strategies for healing, adapting to stress, and experiencing wellness. These strategies promote spontaneous self-correction and self-regulation of spinal tension patterns and healing.*

NSA consists of gentle touch contacts along the neck and back to achieve greater communication between the brain and body, and new sensory and motor strategies. NSA adopts an approach associated with somatic (body/spinal awareness) training. There is a body of research characterized NSA care and documenting its unique and significant wellness benefits. I understand I may obtain copies of published research article and /or abstracts in this office.

I am aware that I will now receiving gentle touch Network adjustments, also called entrainments. Assessment of my progress will include motoring of my spine and body awareness, responsiveness to inner rhythms, tensions, and ease patterns. At regular intervals, following commencement of care, reassessments will be performed. These will include my personal perception of my wellness and my awareness of my spine and body-mind changes. My chiropractor(s) will report to me the improvements in my spinal and nervous system integrity and my ability to self-regulate tension and to reorganize my spine.

*NSA is advanced through a series of Levels of Care; each level of Care involves the development of new and unique spontaneous spinal wave motions, other body movements, and oscillations. These waves, which are suggested to be associated with the greater spinal stability, the redistribution of energy, and the transfer of internal information are also associated with the greater wellness, improved quality of life, and increased life enjoyment.*

I also understand that, in addition to NSA care and wellness education, my practitioner(s) may perform additional examinations or assessments and offer health/spinal care or advice that is consistent with my individual needs. It has been explained to my satisfaction, and I understand that the care offered

at this office is not a form of, or replacement for, the diagnosis or treatment of any symptom, disease, or malady.

Instead, it is a form of wellness care and self-education that empowers my connection with my body-mind and develops new strategies for spinal and nervous system integrity and wellness. It develops new capacities in my body for the identification of spontaneous release of, and redirection of tension, including those that are unique to NSA care.

It is common for people receiving NSA care to breathe more deeply and more fully, engaging the spine with their respiration, to spontaneously adapt postures that release or redistribute tension, to bust stress, and to experience more of their inner life energy. I understand it is common to experience a wider range of motion and emotion during care. It is common, as care progresses, to find new options in the body and in life, which often lead to significant life changes.

*This form of care is NOT suggested for those individuals who wish to remove a symptom or condition without the occurrence of other fundamental changes in their lives. The care in this office often promotes significant changes in health choices, lifestyles, and experiences of the body-mind, emotion, and consciousness.*

Rather than attempting to simply return me to my previous state minus a symptom, this chiropractor instead chooses to help me achieve new levels of wellness and life potential that I may never have had before.

Although in this office we seek to help you develop new strategies for wellness and spinal and nerve system integrity, as a chiropractor the sole condition of the concern is that of the vertebral subluxation. Out insurance carrier requires that the following information be given to you and signed by you prior to commencing care.

In Network Care, we categorize these subluxations into two categories, a structural segmental distortion and a spinal cord/nerve elongation or stretching. Through the gentle force applications at the spine to enhance a spinal and nerve system integrity, subluxation are corrected. This is the only condition we address in our office.

The only condition we offer to diagnosis and correct is the vertebral subluxation and loss of spinal and neural integrity in the relationship to this. We do not offer to diagnose or treat any other condition, disease, or symptom. If during the course of our spinal assessment/examination we encounter non-chiropractic or unusual findings, we will advise you of this. If you desire advice on further diagnosis or treatment of this condition, situation or circumstance, we will recommend that you seek the services of another health care provider whose practice is geared toward such differential diagnosis and treatment.

*I have read, or have had read to me, the CONSENT TO RECEIVE NETWORK SPINAL ANALYSIS (NSA) CARE and understand that the care in this office is different from what many consumers may expect from chiropractors practicing manipulative therapy. I agree to receive care, which consists of or includes NSA care and wellness education. I understand that I am not passive in this process, but that I am an active participant in my care and in my healing.*

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PRINTED NAME OF PRACTICE MEMBER

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SIGNATURE OF PRACTICE MEMBER

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DATE